



## Would you like to have a say in shaping the future of Norfolk's Drug & Alcohol System?

### What is this research about?

Led by a team of Peer Researchers who all have lived experience of recovery from substance misuse, the project aims to give a voice to:

- People accessing or who have previously accessed drug and alcohol support
- People who use, or have used, drugs and alcohol but have not accessed drug and alcohol services
- Friends, families and carers of people who use or have used drugs and alcohol

We want to hear what is working well, and what could work better to help shape the future of the drug and alcohol system in Norfolk and influence decision making across all levels.

### What is involved in taking part?

We will be conducting 1-1 conversations. We will do our best to accommodate your needs so you can participate comfortably and confidentially share your voice. We can meet you face to face, online, or talk on the phone.

As our research develops, we will also be holding small groups to support the development of a lived experience led recovery community across Norfolk and would love for you to join us.

#### Want to Learn More?

For an informal chat contact us at:

 [Jamie-Barnes@together-uk.org](mailto:Jamie-Barnes@together-uk.org)

 07521 430272

Or visit [www.together-uk.org](http://www.together-uk.org) for more details



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